

Gluten-Free Shopping Guide

**GLUTEN
FREE**

- Meats, dairy products, fruits, vegetables, nuts, and seeds without additives are naturally wheat and gluten free.
- Read all product labels, as ingredients can change.
- Not all products are available in all stores, always call us to check availability.
- Products may be added or discontinued at any time.
- Foods produced at DLM may have come in contact with eggs, soy, milk, eggs, peanuts, tree nuts, wheat, fish, or shellfish.

BAKING

Birch Benders Pancake Mix
Bisquick Select Varieties
Bob's Red Mill Select Flours and Mixes
Cup4Cup Gluten-Free Flour
Decorative Food Colors From Nature
Enjoy Life Semi-Sweet Chocolate Chips
Equal Exchange Organic Chocolate Chips
King Arthur Select Mixes and Almond Flour
Made Without Grain Brownie Mixes
MI-DEL Graham Style Pie Crust
Nielsen-Massey Vanillas
Simple Mills Grain Free Mixes

BATH & BEAUTY

Acure, DermaE, DeVita, Everyone Products, Keys Care, Tallowderm, ZuZu Luxe

BEER, CIDER, & MEAD

ACE Hard Cider
Angry Orchard Hard Cider
Ciderboys Hard Cider
Florida Seltzer Untitled Art Hard Seltzer
Glutenberg Stout or IPA
Kitty Paw Hard Seltzer
Strongbow Hard Cider
White Claw Hard Seltzer

BREAD

Against the Grain (Frozen)
Canyon Bakehouse (Grocery)
Ener-G Rolls and Bread (Grocery)
Little Northern Bakehouse (Frozen)
Schär (Grocery)
Toufayan Bakeries Wraps, Select Varieties
Udi's (Frozen)

BREAKFAST (FROZEN)

Birch Benders Toaster Waffles
Feel Good Foods Breakfast Pockets
Katz Donuts, Muffin, and Bread
Lopaus Point Waffles
Udi's Rolls, Bagels, Muffins
Van's Waffles Select Varieties

CEREAL

Ancient Harvest Quinoa Flakes
Bob's Red Mill Select Varieties
Catalina Crunch
General Mills Chex Select Varieties
KIND Granola
Mylk Labs Oatmeal
Nature's Path Select Varieties
Nu Trail Granola
Oats Overnight Shake
Purely Elizabeth Superfood Oatmeal
Purely Sweet Bakery Granola
Udi's Granola

CHEESE

Boar's Head, Daiya (Produce), **DLM Cheese Spreads, DLM Handmade Mozzarella**

CONDIMENTS

Bone Suckin' Sauce
Dorothy Lane Market Select Varieties
Kikkoman Select Varieties
Montgomery Inn Barbecue Sauce
Old Kentucky Barbecue Sauce
San-J Select Varieties
Sir Kensington's Select Varieties
Stonewall Kitchen Select Varieties
Terrapin Ridge Farms Select Varieties

COOKIES

Alyssa's Healthy Oatmeal or Vegan Bites
DLM Chocolate Walnut Chews and Coconut Macarons (Bakery)
Kinnikinnick Wafers
Mary's Gone Cookies
MI-DEL Cookies Select Varieties
Purely Sweet Bakery
Rule Breaker Juniors
Schär Honeygrams & Cookies
Siete Grain-Free Cookies
Simple Mills
Tate's Bake Shop Select Varieties
Walkers Shortbread Select Varieties

CRACKERS

Blue Diamond Nut-Thins
Crunchmaster

Edward & Sons Brown Rice Snaps
From The Ground Up Cauliflower Crackers
Glutino
Mary's Gone Crackers
Simple Mills
Wasa Select Varieties

DAIRY

Califia Farms Almondmilk and Yogurt
Clio Snacks Greek Yogurt Bars
Fage Total Yogurt
Green Valley Organics Yogurt
Icelandic Provisions Skyr
Just Crack an Egg
Lifeway Kefir & Skyr
Nancy's Oatmilk Yogurt
Noosa Finest Yoghurt
Oatly Oat Milk
PetitPot Dessert
Siggi's Yogurt
Two Good Yogurt

DELI

All slicers are wiped and sanitized after each use.
Boar's Head
DLM All-Natural Turkey and Uncured Ham
DLM Dips Select Varieties
DLM Salads Select Varieties
DLM Soups Select Varieties
DLM Gourmet Take Away Select Varieties

DESSERTS

DLM Pâtisserie Select Varieties (Bakery)
Fran's Organic Dessert Sauces
Let's Do... Sugar Cones
Love Cakes by DLM 48-hour notice
NadaMoo! Dairy-Free Frozen Dessert
Purely Sweet Bakery Brownie & Cupcakes
Stonewall Kitchen Dessert Sauces
Truwhip Whipped Topping (Frozen)
Wholly Wholesome Pie Crust (Frozen)

ENTRÉES (FROZEN)

Amy's Select Varieties
Beecher's Cheese Curd Lasagna
Beyond Meat
Cafe Spice Indian Entrées

Foods produced in-store may contain or may have come in contact with peanuts, tree nuts, soy, milk, eggs, wheat, fish, or shellfish. If you have concerns about allergies or intolerances, we'll gladly share ingredient labels from the foods prepared that day. We hope the information we have provided here helps clarify whether our products satisfy your dietary concerns. As always, if you have reason to believe that you are allergic to gluten or other common food allergens, we strongly recommend that you consult a physician before consuming any of our products, in order to ensure your health and well-being. Check [DorothyLane.com/Healthy/gf.pdf](https://www.dorothylane.com/Healthy/gf.pdf) for the latest update.

Caulipower Rice
Dr. Praeger's Select Varieties
EVOL. Select Varieties
Feel Good Foods Select Varieties
Kevin's Natural Foods
Realgood Foods Co.
Rösti Stuft Spuds
Scott & Jon's Entrées
Snow Days Pizza Bites
Tattooed Chef
Texas Tamale Company Tamales

ETHNIC FOODS

Annie Chun's Select Varieties
Geeta's Mango Chutney
KA-ME Select Varieties
La Tortilla Factory Smart & Delicious Wraps
Select Varieties
Masala Mama Indian Sauces
Maya Kaimal Indian Simmer Sauces
Mission Yellow Corn Tortillas
Simple Mills Grain Free Pizza Mix
Spicemode Indian Sauces
Stonewall Kitchen Chutney
Virginia Chutney Co. Chutney

ETHNIC FOODS (FROZEN)

Against the Grain Gourmet Pizza, Plain Crust
Caulipower Pizza
Daiya Pizza
Gluten Free You and Me Pizza Crust
Grain Trust Organic Rice

GRAINS

Ancient Harvest Select Varieties
Cocina Selecta Quinoa
Lundberg Farms
Roland Quinoa
RiceSelect Texmati Rice
RightRice
Tasty Bite Organic Rice

JUICE & MILK SUBSTITUTE

Garden of Flavors (Produce)
Good Karma Flaxmilk (Grocery)
Oatly Oat-Milk (Dairy)
Rice Dream (Grocery)

HEALTHY LIVING SNACKS

Bob's Red Mill Oat Bar
GoMacro Protein Bars
KIND Bars
LÄRABAR
Luna Whole Nutrition Bars
NuGo Bars Protein Bars
Perfect Bar (Cold Case)
ProBar
Quantum Energy Square

RX Bars
Think! Keto Protein Bars
XyloBurst Mints and Gum
ZenEvo
Zing Bars

MEAT

Applegate
Beeler's Pure Pork
Bell & Evans Select Varieties
Boar's Head
DLM Flat Chicken® Select Varieties
DLM Pork Sausage 16-oz Roll
DLM Uncured Bacon
DLM Grass-Fed Beef Uncured Hot Dogs
Nueske's Bacon Cheddar Bratwursts
Pederson's Sausages

MEAT SERVICE CASE

DLM Burgers Select Varieties
DLM Storemade Gluten-Free Meatballs
DLM Storemade Sausages Select Varieties
DLM Stuffed Chicken Breast Select Varieties
Heavenly Ham® and Heavenly Turkey

PASTA

Alessi Gnocchi
Ancient Harvest
Banza Chickpea Pasta
Bionaturae Select Varieties
Double Yolk Egg Noodles
Jovial
Rummo Maestri Pastai
Rustichella d'Abruzzo Select Varieties
Schär
Wild Harvest Select Varieties

SALAD DRESSING

Annie's Naturals Select Varieties
Briannas Homestyle Salad Dressing
Select Varieties
DLM Sweet Garlic Dressing
Mamma DiSalvo's Dressing
Not Just Salad Dressing
Primal Kitchen Select Varieties
Stonewall Kitchen Dressing
The Pine Club House Dressing
Ted's Authentic Greek Salad Dressing
Terrapin Ridge Farms Select Varieties
Wishing Well

SNACKS & BARS

DLM Kettle Cooked Potato Chips & Tortilla Chips
Kettle Brand Potato Chips
KIND Healthy Grains Bars
Mini Me's Organic Rice Bites
Munk Pack Keto Granola Bars

Palo Popcorn
PopCorners
Quaker Rice Cakes
Quinn Pretzels
Way Better Snacks
Siete Grain-Free Tortilla Chips
Simple Mills Bars
SkinnyPop Popcorn
Snyder's of Hanover Select Varieties
The Daily Crave Veggie Straws
Toufayan Pita Chips
Uglies Kettle Potato Chips
Vegan Rob's
Xochitl Tortilla Chips

SOUP

Aneto Broth
Amy's Organic Soups Select Varieties
Blue Moon Goodness Soup
DLM Premium Turkey Broth
DLM Heavenly Ham® Bean Soup Mix
Fond Organic Bone Broth
Frontier Soup Mixes
Halfway Homemade Soups Select Varieties
Kettle & Fire Bone Broth
Kitchen Basics Stock
Parks & Nash
Spice Paradise Select Varieties
Zoup Bone Broth

SUPPLEMENTS

Ancient Nutrition
Dorothy Lane Market
Garden of Life Select Varieties
New Chapter Select Varieties
Nuzest Clean Lean Protein
Orgain Organic Protein
Solgar Select Varieties
Sunwarrior
TruVani Plant-Based Protein

TEA

Harney & Sons Organic
Republic of Tea Select Varieties
Rishi Tea & Botanicals
Steven Smith Teamaker
Tea Forté

DOROTHY LANE MARKET

DorothyLane.com

Oakwood
2710 Far Hills Ave.
(937) 299-3561

Washington Square
6177 Far Hills Ave.
(937) 434-1294

Springboro
740 N. Main St.
(937) 748-6800